

## Resources

1. The petition:

Links to the National Assembly's website page (use the button on the top right to share on social media):

- English : <https://www.assnat.qc.ca/en/exprimez-votre-opinion/petition/Petition-8415/index.html>
- French: <https://www.assnat.qc.ca/fr/exprimez-votre-opinion/petition/Petition-8415/index.html>

Printable versions, in French or English, with or without Bishop Lépine's quote. (it could be used until December 2020)

2. Beauchamp, André, *Serions-nous nés pour magasiner? La consommation, moteur de la crise écologique* <http://meteopolitique.com/fiches/Consommation/Analyse/06/Consommer-magasiner.htm>; 2013.
3. A video about Sabbath, from Jews in the City (Thanks to Villa St-Martin for diffusion during a *Laudato Si* retreat). <https://youtu.be/cTjw96-Z700>
4. Bishop Christian Lépine's Teaching :
- Care for the soul – the seventh Day: <https://www.youtube.com/watch?v=v4dTOvCq2gE>
  - Pastoral letter: Primacy of the Spiritual Life: <https://diocesemontreal.org/sites/default/files/ressources/covid-19/pdf/Pastoral%20Letter%20-%20Primacy%20of%20the%20Spiritual%20Life.pdf>
  - Message *Rediscovering Sunday*, published May 29-30, 2020, in French and English
5. Pope Francis, *Laudato Si*, on the Care for our Common Home, 2015

Excerpt from no.237 :

« Sunday (...) is meant to be a day which heals our relationships with God, with ourselves, with others and with the world. (...) Christian spirituality incorporates the value of relaxation and festivity. We tend to demean contemplative rest as something unproductive and unnecessary, but this is to do away with the very thing which is most important about work: its meaning. We are called to include in our work a dimension of receptivity and gratuity, which is quite different from mere inactivity. Rather, it is another way of working, which forms part of our very essence. (...) And so the day of rest, centred on the Eucharist, sheds its light on the whole week, and motivates us to greater concern for nature and the poor.

6. Apostolic Letter *Dies Domini* of the Holy Father John Paul II to the Bishops, Clergy and Faithful of the Catholic Church on Keeping the Lord's Day Holy (May 31, 1998). [https://www.vatican.va/content/john-paul-ii/en/apost\\_letters/1998/documents/hf\\_jp-ii\\_apl\\_05071998\\_dies-domini.html](https://www.vatican.va/content/john-paul-ii/en/apost_letters/1998/documents/hf_jp-ii_apl_05071998_dies-domini.html)